



(In the Westside Medical Center - Upper Level)

Patient Name _____ DOB ____/____/____ Referring Physician _____

Appointment Date ____/____/____ Appointment Time _____ am / pm (circle one) Patient has return visit on ____/____/____

PATIENT - If your doctor's office has given you x-rays, please bring them with you to your appointment! See location map on back
If you have any questions about your exam or prep, please call our scheduling department at the above phone number

REFERRING OFFICE - Please check the appropriate exam prep for your patient.

X-RAY

MAMMOGRAM

1. Bathe or otherwise carefully cleanse your breasts and underarms before your exam. Be careful to remove all deodorant, perfume, powders or preparation of any sort in the underarm areas of your breasts.
2. You will find it more convenient to wear a blouse with slacks or a skirt, rather than a dress.
3. If you have had a mammogram at another facility please bring it with you or request that it be sent to us.
4. Allow approximately 45 minutes for your exam.

ROUTINE X-RAY(s)

There is no preparation for this exam. Allow approximately 45 minutes for your exam.

ULTRASOUND

PELVIS or OB

Your bladder must be full to obtain a thorough exam. Drink 16 ounces of water approximately 1 hour before your appointment time and **DO NOT** empty your bladder. Allow approximately 1 hour for your exam.

UPPER ABDOMEN and GALLBLADDER

Nothing to eat or drink for at least 10 hours before your exam. Allow approximately 1 hour for your exam.

RENAL / KIDNEY

Your bladder must be full to obtain a thorough exam. Drink 16 ounces of water approximately 1 hour before your appointment time and **DO NOT** empty your bladder. Allow approximately 1 hour for your exam.

ARTERIAL LEGS

Do not eat or drink anything for 4 hours prior to your exam. Allow approximately 90 minutes for your exam.

ALL OTHER ULTRASOUND EXAMS

There is no preparation. Allow approximately 1 hour for your exam.

CT SCANS - IMPORTANT INFORMATION

After you enter the scan room the radiographer will position you on a special table. The area to be scanned will be moved into the ring, which contains an x-ray tube and computer receptors. The radiographer will control the scanner and monitor the progress of the exam from an adjacent room where s/he is able to see and hear you.

Frequently it is necessary to use an IV medication called contrast to highlight certain structures. This medicine will be given through a vein in your arm. During the injection you may feel warm and flushed and have a metallic taste in your mouth. These are normal side effects, which only last for a few minutes. True allergic reactions are rare but can occur with this material.

It is important to remember that every patient and exam is different. Consequently some scans will take longer or be more involved than others. A radiologist will interpret your scan and send a report to your physician within 48 hours. Please contact our office and ask to speak with a CT radiographer if you have any questions regarding your scan or prep instructions. For pediatric patients - call our office for special instructions.

CT SCAN of the SINUS, EXTREMITY or CT IVP

1. There is no preparation for these exams.
2. Allow approximately 40 minutes for your exam.

CT SCAN of the HEAD, CHEST or NECK

1. Nothing to eat or drink for 4 hours prior to your exam.
2. You may take your normal medicines with the exception of Glucophage (metformin) or Glucovance.
3. If you take Glucophage or Glucovance or are allergic to radiologic contrast media, call our office at least the day before your exam for special instructions.
4. Allow approximately 1 hour for your scan.

CT ANGIO

1. Nothing to eat or drink for 4 hours prior to your exam.
2. You may take your normal medicines with the exception of Glucophage (metformin) or Glucovance.
3. If you take Glucophage or Glucovance or are allergic to radiologic contrast media, call our office at least the day before your exam for special instructions
4. For a CT angio of your abdominal aorta - drink 1 gallon of water two hours before your appointment time.
5. Allow approximately 1 hour for your scan.

CT COLONOSCOPY

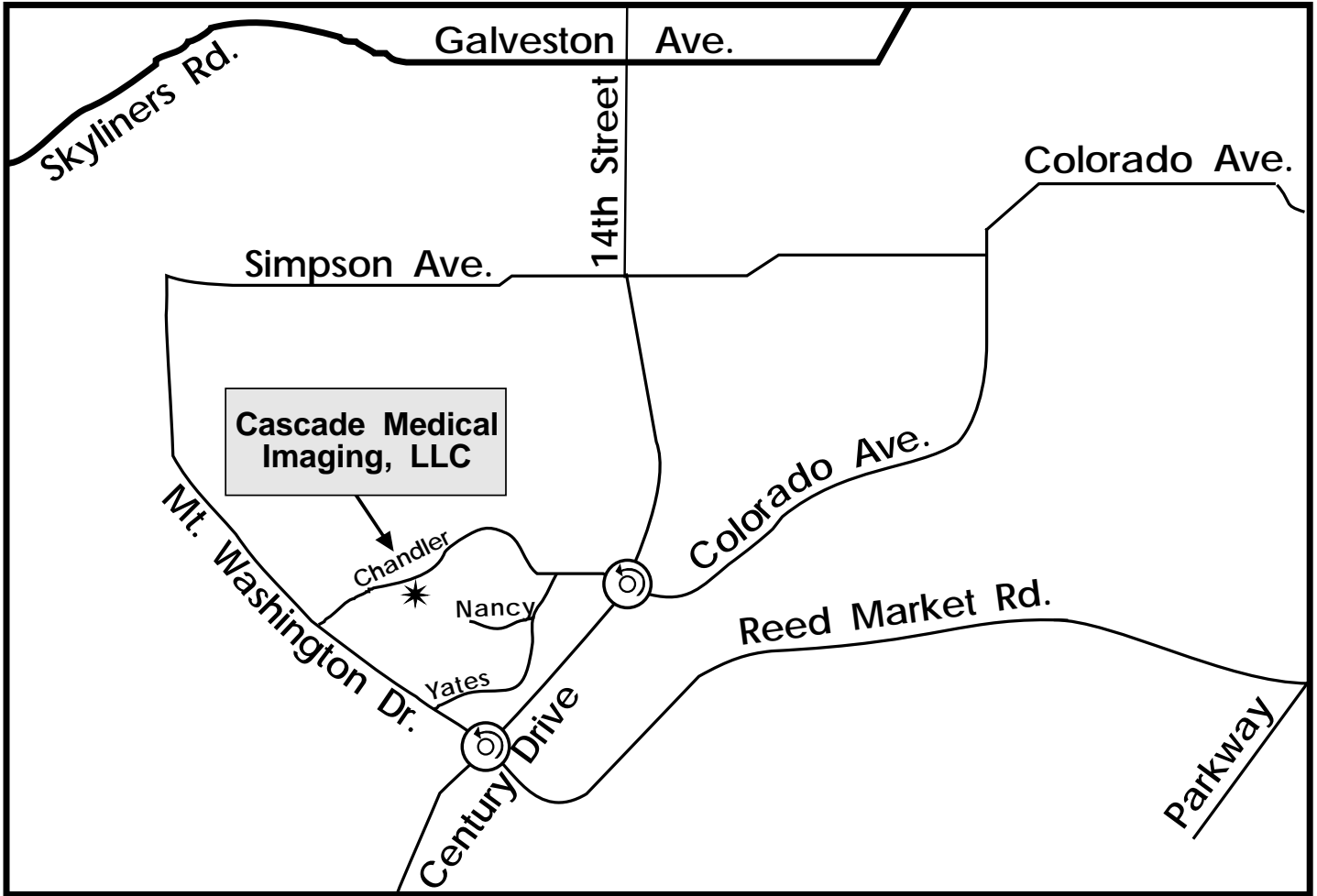
1. Pick-up an Evac-Q-Kwik kit from our office.
2. Follow the **TWO DAY** prep instructions found inside the box.
3. Allow approximately 1 hour for your scan.

CT SPINE

1. There is no preparation for a routine spine CT.
2. Allow approximately 1 hour for a routine spine scan.
3. If you are scheduled for a myelogram with a CT to follow - ask your physician for a special instruction sheet. You may also pick this sheet up at our office.

CT SCAN of the ABDOMEN and/or PELVIS

1. Pick up 3 oral Hypaque doses at Cascade Medical Imaging.
2. Mix any one of the syringes of Hypaque with 12 ounces of clear juice (any type without pulp such as cranberry or apple) and drink at **8:00 pm THE EVENING BEFORE** your appointment.
3. Mix another syringe of Hypaque with 12 ounces of juice and drink **2 HOURS PRIOR** to your exam time.
4. Mix the last syringe of Hypaque with 12 ounces of juice and drink **1 HOUR PRIOR** to your exam time.
5. Do not eat or drink anything else for 4 hours prior to your exam with the exception of medications already prescribed by your physician.
6. If you are diabetic continue your usual diet along with the Hypaque at the appropriate times. **DIABETIC PATIENTS TAKING GLUCOPHAGE (metformin) or GLUCOVANCE** - contact our office for special instructions about taking your medication.
7. If you have previously had a reaction to x-ray contrast call our office prior to your appointment time.
8. Inform the radiographer if you have asthma, diabetes, heart or renal problems or could possibly be pregnant.
9. You may experience some diarrhea with this oral prep.
10. Allow approximately 1 hour for your scan.



1693 SW Chandler (In the Westside Medical Center - Upper Level)